

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	84	Delmé	Kobe	Averbode	M1	SEN	ROBA	00:17:25	16.88	03:33
2	91	Mans	Steve	Testelt	M2	MAS+40	#sqmrunningteam	00:17:41	16.63	03:36
3	103	Van De Gaer	Wesley	Averbode	M3	MAS+40	Boothyvision	00:17:50	16.49	03:38
4	113	Adang	Niels	Landen	M4	MAS+35	GS Running Team	00:18:37	15.79	03:47
5	2012	Cuyvers	Jonas	Tessengerlo	M5	SCH	De Windbrekers	00:18:51	15.6	03:50
6	2007	Artoos	Tom	Molenstede	M6	MAS+45	ROBA	00:18:58	15.5	03:52
7	2002	Peetermans	Matthias	Zoutleeuw	M7	MAS+35	E-FIT CENTER MOV.E	00:19:18	15.23	03:56
8	130	Van Bael	Danny	Messelbroek	M8	MAS+50	ROBA	00:19:30	15.08	03:58
9	126	Van Gelder	Glen	Averbode	M9	SEN		00:19:35	15.01	03:59
10	2001	Wouters	Chriske	Diest	M10	MAS+50	SQM Running team	00:19:39	14.96	04:00
11	151	Swinnen	Steve	Glabbeek	M11	MAS+40		00:19:44	14.9	04:01
12	128	Timmers	Bernard	Schoonderbuken	M12	MAS+45	ROBA	00:20:03	14.66	04:05
13	155	Coenen	Emily	Nieuwrode	V1	MAS+40	ROBA	00:20:05	14.64	04:05
14	133	Ons	Tim	Averbode	M13	SEN		00:20:24	14.41	04:09
15	114	Hoskens	Benny	Laakdal	M14	MAS+55	De Bosvrienden	00:20:40	14.23	04:13
16	86	Everaerts	Daan		M15	CAD	ROBA Diest	00:20:52	14.09	04:15
17	122	Vander Sande	Thomas	Houtvenne	M16	SEN	ROBA	00:20:57	14.03	04:16
18	125	Saenen	Lennert	Testelt	M17	MIN	Looise AV	00:21:03	13.97	04:17
19	96	Rouffa	Peter	Kortessem	M18	MAS+50		00:21:23	13.75	04:21
20	98	Smets	Jean	Heist o/d Berg	M19	MAS+50		00:21:25	13.73	04:22
21	132	Maes	Peter	Aarschot	M20	MAS+45	Irish Pub Dubh-Linn	00:21:27	13.71	04:22
22	121	Artoos	Bent	Molenstede	M21	CAD	ROBA	00:21:28	13.7	04:22
23	118	Van Cauwenberghe	Peter	Averbode	M22	MAS+40		00:21:29	13.69	04:23
24	120	Aertgeerts	Daan	Testelt	M23	MIN	ROBA	00:21:43	13.54	04:25
25	83	De Winter	Murielle	Heist o/d Berg	V2	MAS+50		00:21:44	13.53	04:26
26	159	Derdin	Simon	Houtvenne	M24	SEN	AVZK	00:22:00	13.36	04:29
27	109	Verschueren	Faust	Westerlo	M25	CAD	AC Westerlo	00:22:01	13.35	04:29
28	90	Jacobs	Robbe	Houwaart	M26	CAD	Sportiva Gelrode	00:22:04	13.32	04:30
29	105	Verbist	Jonathan	Aarschot	M27	MAS+35	Sportiva Gelrode	00:22:08	13.28	04:31
30	95	Rouffa	Jurgen	Glabbeek	M28	MAS+50		00:22:16	13.2	04:32
31	150	Van Campenhout	Dave	Schriek	M29	MAS+45	RAM	00:22:21	13.15	04:33
32	123	Korthout	Nils	Tessengerlo	M30	SEN		00:22:53	12.85	04:40
33	102	Utens	Erik	Kapellen	M31	MAS+45		00:23:18	12.62	04:45
34	134	Saenen	Lene	Testelt	V3	CAD	Looise AV	00:23:23	12.57	04:46
35	2011	Gerrits	Thomas	Bekkevoort	M32	SEN		00:23:36	12.46	04:48
36	157	Van Gompel	Giel	Zichem	M33	SEN		00:24:12	12.15	04:56
37	127	Declerck	Katie	Tielt-Winge	V4	MAS+50	ROBA	00:24:43	11.89	05:02
38	124	Vanden Bosch	Rudy	Holsbeek	M34	MAS+60	Kapsalon Luc	00:25:18	11.62	05:09
39	164	Sijmus	Willy	Keerbergen	M35	MAS+70		00:25:54	11.35	05:17
40	111	Van Oosterwyck	Ludo	Testelt	M36	MAS+60		00:26:06	11.26	05:19
41	149	Verheyden	Gunther	Bekkevoort	M37	MAS+45		00:26:09	11.24	05:20
42	139	Van Passel	Jan	Aarschot	M38	MAS+55	Kapsalon Luc	00:26:22	11.15	05:22
43	129	De Cuyper	Matze	Heist o/d Berg	M39	MIN		00:26:49	10.96	05:28
44	158	Ickx	Jasmien	Averbode	V5	SEN		00:26:54	10.93	05:29
45	117	Van Rompaey	Andre	Betekom	M40	MAS+65	Kapsalon Luc	00:26:57	10.91	05:30
46	110	Verstraete	Peter	Grathem (NL)	M41	MAS+50		00:27:05	10.86	05:31
47	147	Laeveren	Pauline	Heist o/d Berg	V6	CAD	AVZK	00:27:13	10.8	05:33
48	99	Smets	Kiowa	Aarschot	M42	MIN	Berglopers	00:27:14	10.8	05:33
49	156	Beckers	Sien	Averbode	V7	MAS+35		00:27:16	10.78	05:33
50	153	Luyten	Karen	Langdorp	V8	SEN		00:27:20	10.76	05:34

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51	131	Bergen	Nicole	Messelbroek	V9	MAS+55	Kapsalon Luc	00:27:21	10.75	05:34
52	152	Jacobs	Kaatje	Meldert	V10	MAS+40		00:27:30	10.69	05:36
53	100	Theys	Amber	Averbode	V11	MIN		00:27:31	10.68	05:36
54	138	Heylen	Annelies	Averbode	V12	MAS+35		00:27:50	10.56	05:40
55	135	Salaets	Thomas	Averbode	M43	MAS+35	start to run	00:27:51	10.56	05:41
56	115	Croonen	Eddy	Ramsel	M44	MAS+55	Kapsalon Luc	00:27:59	10.51	05:42
57	88	Guldolf	Dries	Aarschot	M45	SEN	Sportiva Gelrode	00:28:03	10.48	05:43
58	119	Nijst	Kiara	Laakdal	V13	SCH		00:28:09	10.44	05:44
59	93	Mutert	Kristof	Diest	M46	MAS+40		00:28:24	10.35	05:47
60	116	Werbrouck	Tom	Scherpenheuvel	M47	MAS+45		00:28:38	10.27	05:50
61	143	Minnart	Elise	Assent	V14	CAD	ROBA	00:28:48	10.21	05:52
62	148	Beyens	Viktor	Averbode	M48	MIN		00:29:49	9.86	06:05
63	137	Bloemmen	Ulrike	Grathem (NL)	V15	MAS+40		00:29:52	9.84	06:05
64	144	Moeurs	Elise	Scherpenheuvel	V16	PUP	ROBA Diest	00:30:31	9.63	06:13
65	106	Verboven	Tinne	Houwaart	V17	MAS+40	Sportiva Gelrode	00:30:42	9.58	06:15
66	101	Tuerlinckx	Jean-Luc	Scherpenheuvel	M49	MAS+60	Kapsalon Luc	00:30:50	9.54	06:17
67	163	Pieters	Karen	Averbode	V18	MAS+40		00:31:00	9.48	06:19
68	145	Moeurs	Linde	Zichem	V19	PUP	ROBA Diest	00:31:06	9.45	06:20
69	146	Moeurs	Bart	Scherpenheuvel	M50	MAS+45		00:31:07	9.45	06:21
70	104	Van Gossum	Ronny	Testelt	M51	MAS+50	De volgelingen van C...	00:31:23	9.37	06:24
71	160	Diden	Evelyn	Averbode	V20	MAS+35		00:32:15	9.12	06:34
72	140	Verherstraeten	Raf	Herselt	M52	MAS+60	De Dorpspomp	00:32:36	9.02	06:39
73	2018	Amulius	Danny	Bekkevoort	M53	MAS+60		00:32:55	8.93	06:43
74	92	Mellaerts	Kirsten	Averbode	V21	MAS+40		00:33:23	8.81	06:48
75	154	Siongers	Nicky	Averbode	V22	MAS+40	Start met lopen	00:33:28	8.78	06:49
76	141	Vereycken	Ivan	Testelt	M54	MAS+45	start to run	00:33:35	8.75	06:51
77	161	Gijsemans	Michel	Heist op den B...	M55	MAS+65	Dorpspomp	00:34:24	8.55	07:01
78	82	De Ceulaerde	Jacqueline	Averbode	V23	MAS+55		00:34:25	8.54	07:01
79	78	Bernar	Lore	Messelbroek	V24	MAS+40		00:34:59	8.4	07:08
80	112	Celis	Hilde	Molenstede	V25	MAS+50		00:35:01	8.4	07:08
81	85	Dom	Ilse	Zichem	V26	MAS+35		00:35:02	8.39	07:08
82	2013	Gielis	Ellen	Westerlo	V27	MAS+40	Berglopers	00:38:16	7.68	07:48
83	162	Willems	Silke	Zichem	V28	SEN		00:38:52	7.56	07:55
84	142	Matthys	Nicky	Testelt	V29	MAS+45	start to run	00:38:54	7.56	07:56
85	136	De Peutter	Katrien	Testelt	V30	MAS+35	start to run	00:38:58	7.54	07:57
86	108	Voordeckers	Luc	Averbode	M56	MAS+50	Start met lopen	00:39:06	7.52	07:58
87	94	Nunes	Tim	Zichem	M57	MAS+40	Karateclub Kani Uchi...	00:40:03	7.34	08:10