

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	82	Raus	Milo	Zichem	M1	SEN	A-Team	00:16:59	17.66	03:23
2	106	Helsen	Michel	Rillaar	M2	MAS+40		00:17:13	17.42	03:26
3	128	Vanwinckel	Mitch	Brecht	M3	SEN	A-Team	00:17:57	16.71	03:35
4	2017	Deflem	Kenny	Tienen	M4	SEN	RCT	00:18:16	16.42	03:39
5	101	Pex	Nelis	Scherpenheuvel	M5	MAS+35	Go Like Hell	00:18:36	16.13	03:43
6	88	Van De Gaer	Wesley	Tessengerlo-Ham	M6	MAS+45	SQM Running Te...	00:18:40	16.07	03:44
7	66	Artois	Joris	Pellenberg	M7	MAS+35		00:18:44	16.01	03:44
8	2020	Wouters	Chriske	Diest	M8	MAS+50	SQM Running Te...	00:19:23	15.48	03:52
9	2022	Sonck	Ruth	Tienen	V1	MAS+35	SQM Running Te...	00:19:39	15.27	03:55
10	86	Uchida	Takahiro	Sint-Stevens-Woluwe	M9	SEN		00:19:42	15.23	03:56
11	113	Dieltjens	Tibe	Laakdal	M10	SCH	Looise AV	00:19:58	15.03	03:59
12	104	Rahme	Mona	Herent	V2	MAS+45	DCLA	00:20:06	14.93	04:01
13	2011	Van Santvoort	Thibo	Zoerle-Parwijs	M11	CAD	De Dorpspomp	00:20:13	14.84	04:02
14	81	Patteet	Sander	Scherpenheuvel	M12	SEN	De bende van de...	00:20:17	14.79	04:03
15	135	Henderix	Yannis	Testelt	M13	SEN	Weefbergrunners	00:20:25	14.69	04:05
16	114	Goedhuys	Toon	Langdorp	M14	CAD	ROBA Diest	00:20:34	14.59	04:06
17	110	De Raet	Lias	Hulshout	M15	CAD	AC Hulshout	00:21:04	14.24	04:12
18	109	De Raet	Kris	Hulshout	M16	MAS+45	AC Hulshout	00:21:06	14.22	04:13
19	124	Korthout	Nils	Tessengerlo	M17	MAS+35		00:21:11	14.16	04:14
20	105	Henderix	Kris	Testelt	M18	MAS+50	Weefbergrunners	00:21:14	14.13	04:14
21	87	Mans	Steve	Testelt	M19	MAS+40	SQM Running Te...	00:22:03	13.61	04:24
22	2028	Marteleur	Mischa	Langdorp	M20	MAS+50	Sportive Bike Te...	00:22:48	13.16	04:33
23	78	Mariën	Guy	Balen	M21	MAS+50	Nuclea Atletiek	00:23:06	12.99	04:37
24	111	Saenen	Lennert	Testelt	M22	CAD	Looise AV	00:23:08	12.97	04:37
25	112	Saenen	Laure	Testelt	V3	JUN	Looise AV	00:23:12	12.93	04:38
26	142	Laeremans	Tom	Herselt	M23	MAS+50		00:23:18	12.88	04:39
27	121	Verherstraeten	Nick	Testelt	M24	MAS+35	De Dorpspomp	00:23:40	12.68	04:44
28	96	Verheyden	Jeroen	Averbode	M25	MAS+40		00:23:59	12.51	04:47
29	92	Vanden Bosch	Rudy	Holsbeek	M26	MAS+60	Kapsalon Luc	00:24:21	12.32	04:52
30	123	Helsen	Liene	Rillaar	V4	CAD		00:24:33	12.22	04:54
31	140	Buntinx	Obed	Scherpenheuvel	M27	MIN		00:24:40	12.16	04:56
32	115	Schoofs	Cedric	Averbode	M28	CAD		00:25:01	11.99	05:00
33	136	Hus	Rudy	Mol	M29	MAS+60	Vabco Mol	00:25:29	11.77	05:05
34	108	Jonckers	Jayson	Tienen	M30	MAS+35	RCT	00:26:03	11.52	05:12
35	130	Stockmans	Jeroen	Bekkevoort	M31	SEN		00:26:19	11.4	05:15
36	119	Van Caelenberg	Bruno	Koekelberg	M32	MAS+50	A-Team	00:26:22	11.38	05:16
37	2014	Arnauts	Kirsten	Neerlinter	V5	MAS+50	KARWEIf	00:26:55	11.15	05:23
38	2004	Geleyn	Thieu	Bekkevoort	M33	MAS+45		00:26:58	11.12	05:23
39	137	Mertens	Lore	Binkom	V6	SEN		00:27:39	10.85	05:31
40	103	Luyts	Emiel	Herent	M34	MAS+65	KSL	00:27:41	10.84	05:32
41	139	Vanderstukken	Lowik	Hoeleden	M35	BEN		00:28:04	10.69	05:36
42	129	Stockmans	Jonas	Bekkevoort	M36	SEN		00:28:06	10.68	05:37
43	138	Sempels	Niels	Binkom	M37	SEN		00:28:12	10.64	05:38
44	118	Vandervelpen	Mario	Eindhout	M38	MAS+55		00:28:15	10.62	05:39
45	107	Rombaux	Eddy	Rillaar	M39	MAS+55	ROBA / Sportiva	00:28:17	10.61	05:39
46	116	Schoofs	Thierry	Averbode	M40	MAS+45		00:28:38	10.48	05:43
47	2009	Fastenakels	Leslee	Westerlo	V7	MAS+40	De Dorpspomp	00:28:55	10.37	05:47
48	79	Mellaerts	Kirsten	Averbode	V8	MAS+40		00:29:22	10.22	05:52
49	95	Verhaert	Kris	Heist o/d Berg	M41	MAS+45	Team Wikkeveust	00:29:23	10.21	05:52
50	132	Sol	Rudy	Betekom	M42	MAS+55	Knoet	00:29:32	10.16	05:54

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51	71	Daems	Yorbe	Averbode	M43	SCH		00:29:37	10.13	05:55
52	141	Bellinkx	Yoeri	Testelt	M44	MAS+45		00:29:48	10.07	05:57
53	98	Bloemmen	Ulrike	Grathem (NL)	V9	MAS+45		00:30:38	9.79	06:07
54	89	Van Hoye	Bram	Tessenderlo	M45	SEN		00:30:45	9.76	06:09
55	117	Hens	Ann	Eindhout	V10	MAS+55		00:30:56	9.7	06:11
56	97	Vernelen	Elise	Zichem	V11	MAS+45		00:31:14	9.61	06:14
57	2030	Wildiers	Bart	Walem	M46	MAS+35		00:31:20	9.57	06:16
58	120	Neefs	Sigrid	Bekkevoort	V12	MAS+35		00:31:48	9.43	06:21
59	2010	Van Santvoort	Theo	Westerlo	M47	MAS+50	De Dorpspomp	00:32:01	9.37	06:24
60	125	Verherstraeten	Raf	Herselt	M48	MAS+60	De Dorpspomp	00:32:02	9.37	06:24
61	143	Peeters	Gustaaf	Testelt	M49	MAS+60	Knoet oeverlopers	00:32:18	9.29	06:27
62	2021	Guldolf	Dries	Aarschot	M50	MAS+35	Sportiva Gelrode	00:32:26	9.25	06:29
63	67	Beddegenoodts	Patrick	Scherpenheuvel	M51	MAS+65	Start met lopen 2...	00:32:36	9.2	06:31
64	102	Garcia Escudero	Angela	Brussel	V13	MAS+45		00:32:39	9.19	06:31
65	100	Verbiest	Martine	Herselt	V14	MAS+60		00:32:54	9.12	06:34
66	2008	Celis	Hilde	Molenstede	V15	MAS+55		00:33:16	9.02	06:39
67	2023	Fleurackers	Cato	Schriek	V16	SEN	BONH	00:33:28	8.96	06:41
68	85	Tuerlinckx	Jean-Luc	Schoonderbuken	M52	MAS+65	Kapsalon Luc	00:33:56	8.84	06:47
69	74	Frederickx	Milan	Zichem	M53	SCH		00:33:57	8.84	06:47
70	131	Uyttebroek	Hedwig	Zichem	V17	MAS+40		00:34:03	8.81	06:48
71	134	Depré	Jorben	Averbode	M54	CAD		00:35:17	8.5	07:03
72	73	Eijckmans	Eric	Laakdal	M55	MAS+60		00:35:22	8.48	07:04
73	133	Depre	Frederik	Averbode	M56	MAS+40		00:35:23	8.48	07:04
74	127	De Plancke	Fien	Boutersem	V18	MAS+35		00:35:59	8.34	07:11
75	69	Biesemans	Dany	Herselt	M57	MAS+60		00:36:09	8.3	07:13
76	94	Verbruggen	Veronique	Balen	V19	MAS+50	Nuclea Atletiek	00:36:13	8.28	07:14
77	126	Raymaekers	Jakob	Boutersem	M58	MIN		00:36:20	8.26	07:16
78	2013	Robberechts	Eva	Neerlinter	V20	MAS+40	KARWEIf	00:37:19	8.04	07:27
79	2005	Amulius	Danny	Bekkevoort	M59	MAS+60		00:38:04	7.88	07:36
80	80	Op de Beeck	Suzy	Tremelo	V21	MAS+55	Berglopers	00:38:07	7.87	07:37
81	99	Stuyck	Imke	Averbode	V22	JUN		00:39:05	7.68	07:49
82	90	Van Hoye	Sander	Tessenderlo	M60	SEN		00:39:26	7.61	07:53
83	68	Bernar	Lore	Messelbroek	V23	MAS+40		00:40:22	7.43	08:04
84	75	Gérard	Ilse	Tessenderlo	V24	MAS+50		00:41:16	7.27	08:15
85	91	Van Hoye	Sarah	Tessenderlo	V25	SEN		00:41:18	7.26	08:15
86	84	Stuyck	Jurgen	Averbode	M61	MAS+45		00:44:31	6.74	08:54